

# eSafety Newsletter

Welcome to the first eSafety Newsletter. Our newsletter aims to explain what we are doing in school to help ensure that all members of our school community are kept safe whilst enjoying the wonderful tool that is the internet. This newsletter also aims to communicate important safeguarding information to you so that we can work together to keep the children safe.

If you have any eSafety questions or concerns, please do come and see me.

Miss Diemer

Last year, part of our Healthy Self Day included a session on internet safety. We completed a number of activities, and were reminded of a previous visit from PC Denton.

We discussed the importance of staying safe online through never sharing personal details, particularly when using Social Media. There is a display in our ICT suite that reminds the children not to use their full name as a username, not to share passwords, and to always ask an adult if unsure of what they are being asked to share.

We also discussed the fact that Social Media has age restrictions, and I have included these on the newsletter for your reference.



Age Restrictions:

Twitter, Instagram, Facebook, Snapchat – 13 WhatsApp – 16 YouTube – 18, or 13 with parental consent

# This is what happens in an internet minute:

Email – 204 million emails sent

Google – 2 million searches

Facebook – 1.8 million likes

Skype – 1.4 million connection minutes

# Twitter – 278, 000 tweets

# Social Media Tips:

The internet is amazing. Children can play, learn, create and connect – opening up a new world of exciting possibilities. But with the digital world changing all the time, how can you make sure your child is staying safe?

Make sure geo-location is disabled to keep your child's whereabouts private.

Check that your child has set anySocial Network accounts to private.

Ask your child to be open about who thay are talking to online and supervise whenever necessary. Make sure they are aware that not everyone is who they say they are online.

Discuss potential long-term impact of what is shared online, especially if consent to do so hasn't been gained.

Encourage children to spend real-life time with friends and not to worry about approval through 'likes'.

BEDFORD CATHOLICSCHOOLS

# A TRULY UNIQUE JOURNEY