



BEDFORD CATHOLIC SCHOOLS

ST JOHN RIGBY PRIMARY SCHOOL

God's will be done through work and play, as we follow Jesus day by day

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4th November 2019

Dear Parent/Carer

This year's Anti-Bullying week 2019 begins on Monday 11th November. The theme this year is '**Change Starts With Us**' and will be used as an opportunity to remind everybody in school, children, parents/carers that we have a collective responsibility for making the change that will challenge bullying and create a safe environment (in school and online) for everyone.

As in previous years, we would like the children to come into school wearing odd socks (these can be worn over tights). We feel this event will be a great opportunity for the children to express themselves, whilst respecting individuality and uniqueness. To avoid clashing with Armistice Day, we will hold **Odd Socks Day on Tuesday 12th November** to celebrate what makes us all unique

Over the week the children will be taking part in a variety of activities and discussions, raising awareness of the small changes that can make a big difference and helping the children to understand how we can make school and the online world a safer place.

To coincide with Odd Sock Day, SafeToNet an online safety solution for families, are offering support to parents/carers in detecting cyberbullying and harmful content on children's smartphones. Please feel free to visit their website for more information:

www.safetonet.com/oddssocksday

We are excited for this campaign as we want to create empowering, positive messages addressing the fact that, when it comes to bullying, Change starts here, Change starts now and Change starts with us. We hope this will be an informative week and we look forward to seeing all the children in their odd socks on Tuesday.

Yours sincerely

Mrs M McGettigan
Headteacher



St Francis of Assisi Academies Trust
Diocese of Northampton
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