



# BEDFORD CATHOLIC SCHOOLS

## ST JOHN RIGBY PRIMARY SCHOOL

*God's will be done through work and play, as we follow Jesus day by day*

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Interim Headteacher: Mrs M McGettigan BEd Hons

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Dear Parents/Carers

We are pleased to announce that again in November we will be continuing on the Rainbow Programme. This consists of weekly support groups for our children who are living in single parent, step-families or families that are going through painful transitions.

When something significant happens in a family, the entire family is affected. Even though death, divorce or other loss issues appear to be only grown-up problems, they have a profound effect on the children who are touched by such experiences. If a parent dies or a divorce happens or a painful loss occurs, not only do the parents grieve, the children do also. Children may find it extremely difficult to verbalise their feelings of grief because of their age and inexperience.

We have some very sensitive, caring, and trained adults who have agreed to help the children put their feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family.

Through this support group, we hope to assist your child in expressing and understanding his/her feelings, to feel acceptance for what has happened, and to feel a sense of belonging and love. We will accomplish this through peer support groups with the adult facilitators to guide them as they begin to share their experiences.

You child will receive a Registration Form if interested. Please read it together and fill it in with your child, both you and your child must sign it, and return the form to the office. It will be completely confidential. If you wish to discuss it further please arrange a time to speak with me. I am available every morning.

Yours sincerely

Mrs M Ward  
Lay Chaplain



St Francis of Assisi Academies Trust  
Diocese of Northampton  
Company No: 8462151

