

PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY



All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

OLICAT CROSS CURRICULAR VISION FOR SPORTS AND PHYSICAL ACTIVITY IN OUR SCHOOLS

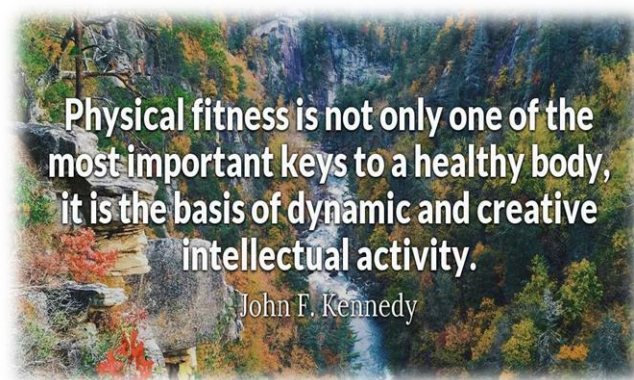


The Context

Our contextual data indicates that, by the time they reach secondary school, many of our disadvantaged pupils are over a year and a half behind their peers. As a result, there is a long-standing prevalence for pupils, who endure challenging circumstances, to under achieve across our family of schools. Placing Sports and Physical Activity at the centre of our vision for outdoor learning, it is our aim to create cross curricular opportunities to improve provision for all pupils but particularly the most vulnerable within our community. In doing so, this will address key improvement priorities across our all of our primary and secondary schools.

To integrate the development of physical competencies across the wider curriculum in order to address school improvement priorities including...

- A. To increase the physical activity of our pupils to **promote their physical and mental wellness** so that children are better able to learn within P.E. and across other aspect of the curriculum.
- B. To **enhance staff motivation and their relationship with physical activities** so that they can increase the amount of physical activity that they afford learners across the curriculum in order to make a positive contribution to pupils' physical, cognitive and social and emotional learning.
- C. Use physical activity as a platform for social interaction so that learners develop the **language and social and emotional competencies** to accelerate their progress within P.E. and across the wider curriculum.
- D. Raise pupils' **self- esteem and engagement** through positive interaction with learning and with others so that high level of attendance are secured across our schools.
- E. Improve the **engagement of boys** through outdoor activity so that their concentration, memory retention and motivation make a positive contribution to their learning.



Details with regard to funding

Total amount carried over from 2019/20	£ /
Total amount allocated for 2020/21	£17,341
How much (if any) do you intend to carry over from this total fund into 2021/22?	£17,341
Total amount allocated for 2021/22	£19,280
Total amount of funding for 2021/22. To be spent and reported on by 31st July 2022.	£36,621

Swimming Data – Autumn 2022

Meeting national curriculum requirements for swimming and water safety at the end of KS2

Due to Covid Restrictions, pupils were unable to access swimming lessons for two years. The impact of this was high demand for sessions and no availability prior to July22. The school is hiring a pool in Autumn 2022 to facilitate two year catch up, swimming offer to whole school and after-school clubs

Outcomes	What percentage of your current Year 6 cohort
Swim competently, confidently and proficiently over a distance of atleast 25 metres	84%
Use a range of strokes effectively [for example, front crawl, backstrokeand breaststroke	78%
Perform safe self-rescue in different water-based situations	84%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used funding for this purpose?	Yes. Additional swimming intervention lessons for targeted non-swimmers and access to swimming for other year groups (including catch up) as well as after school clubs

ACTION PLAN AND BUDGET TRACKING

Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – with a view to ensure that primary aged pupils engage in 60 minutes active movement on a daily basis			Total fund allocated:	Percentage of total allocation
			£21,906	59.81%
Intent	Implementation		Intended Impact	Sustainability and next steps
To develop the active culture of school life and increase opportunities for learners to access physical activity within the wider curriculum and during recreational periods.	OLICAT OUTDO Project - Undertake an audit of school sites to create an action plan that indicates how the site can be improved to secure sustainable opportunities for outdoor physical activity and purchase resources required.	£250	Increased use of outdoor space allowing physical activity and integrating opportunities across recreational periods and through the wider curriculum. Children and parents have been engaged in developing first areas.	Continue to work with the OUTDO project to extend outside learning areas, particularly in KS1 and incorporate outdoor learning lessons.
	Cross Curricular Orienteering - Outdoor spaces within school resourced to promote increased activity and wellbeing at break times, as well as teamwork within curriculum areas such as science, geography, mathematics; design technology and PSHE.	£1618	Cultural change in the active life of school through increased activity levels and broadened curriculum at KS1 and KS2, allowing other subjects to inspire pupil through activity and learning, making learning active across the curriculum and during breaks, putting exercise, health and well-being at the core of learning	Teaching staff and pupils, once confident, to create own resources that can be used, including SATs revision and Wellbeing trails
	BeActive Gym - Installation of outdoor gym equipment to create a space that promotes education of physical wellbeing and active lives in KS2 pupils	£7,944	Raised profile of physical and mental wellbeing, as well as an improved physical literacy of pupils through a sustainable opportunity that impacts positively on the development of key muscle groups and balance, coordination, and agility to meet the School Sports & Childhood Obesity Action Plan goals	Equipment to be looked after and maintained, checking safety features still function. Company guarantee and free safety checking service. Pupil Voice & engagement to be recorded – could have inter-class/year competitions?
	Pentagon Play Get Set, Go! Blocks – Purchase of active learning, moveable blocks, creating an outdoor space in Reception that promotes the core skills of balance, coordination and control, whilst allowing for independent learning and creativity.	£4395	Open-ended active play supports key physical skills and promotes early social/emotional skills. Pupils also develop ownership and independence of learning by designing their own challenges, using different arrangements and mark making panels which incorporate maths and literacy into the outdoor environment.	Equipment to be looked after and maintained, checking safety Company guarantees Continue to identify individual or groups of pupils who need extra support and intervention. Encourage pupil champions & leadership
	OPAL: Outdoor Play and Learning Award – Sign up to 18-month mentor-supported whole school improvement programme addressing all 18 areas a school must plan for sustainably to improve the quality of play	£1750	An Opal working group is established to ensure play is developed as a curriculum area, benefitting social/emotional development, mental wellbeing and physical activity with a resulting impact on learning in the classroom.	Commitment of group is vital for sustainability – include a governor & parents (where possible). To implement a play policy and write a play charter with pupils.

Intent	Implementation		Intended Impact	Sustainability and next steps
	Play Resources - Key equipment purchased to enable children to develop their physical literacy, with an emphasis on outdoor learning and the children becoming aware of their outdoor environment. For older year groups this will extend to outdoor physical education e.g. basketball hoops and table tennis equipment.	£2,500	KS1 children are able to participate in an additional range of activities that promote physical, social and emotional well-being, as well as robust development of fine motor skills and dexterity which will impact on writing ability as the pupil's progress through the school. Purchase of targeted equipment ensures pupils acquire their daily accrual of 30 mins activity. A wider range of equipment in KS2 will enable more pupils to have access to more structured sporting opportunities during break and lunch and therefore foster a greater inclusive atmosphere.	Some of this will link into the OPAL Award and is still to be allocated by pupils after their training. Effective storage and management needs to be considered and can link into student leadership
To continue to develop physical literacy and a positive mindset towards daily fitness & activity	Jump Start Johnny Fitness – Implement the daily 5 minutes fitness subscription programme across key points within the school day	£279	Additional opportunities for active movement are provided to support the 30 minutes in school activity guidance. Children are engaged and enjoy the activities, which they can also access at home.	Further develop curriculum documents to evidence integrated physical and gain pupil voice to determine the impact this has on their daily lives
	Balance Bikes - Purchase of 6 balance bikes for Reception to develop more effective skills in early bike riding.	£170	Recent studies have indicated that Balance Bikes are better than stabilisers for developing good balance and coordination in young children. The more rapid development of these skills supports conversion to a pedal bike much quicker, making children more confident and safe cyclists.	Maintain equipment regularly. Consider how to monitor learners use and when they are ready to transition to a pedal bike
To raise the attainment in swimming for all pupils	Elite Swimming Hire – Provide additional swimming provision for key groups impacted by covid (intense catch-up) as well as providing swimming opportunity to other year groups across the school and after school clubs, particularly for KS1	£3000	The percentage of pupils who can swim competently, confidently and proficiently, can use a range of strokes effectively and can perform safe self-rescue in different water-based situations is improved, ensuring a higher percentage of pupils will achieve National standards by the end of KS2	Continue to identify individual or groups of pupils who need extra support and intervention with follow-up swimming later in the year.

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement			Total fund allocated:	Percentage of total allocation
			£3090	8.46%
Intent	Implementation		Intended Impact	Sustainability and suggested next steps
To raise the profile of physical activity as a means to develop character and positive learning behaviour of all pupils so that they learn to apply these in other contexts.	OLICAT OUTDO Project - Create outdoor provision that can be accessed at all times across all phases of the primary setting, increasing access to physical activity for vulnerable pupils	£1000	Engagement in outdoor provision promotes pupils desire to attend school and increases their motivation for learning across the wider curriculum. Oracy of boys and vulnerable pupils is developed so that they are better able to express themselves and their learning in PE and across the wider curriculum	SI Team to develop a centrally led, cascade programme for Curriculum Leaders to integrate outdoor learning into their curriculum
	Cross Curricular Orienteering - Integrate and identify opportunities for physical activity during recreational times and the wider curriculum provision	£ within costs above	Exercise, health and well-being becomes the core of learning by allowing children to develop orienteering skills in PE lessons and then practise the additional skills of social interaction, collaboration, resilience, team spirit and perseverance in other subject area.	Further develop curriculum documents that integrates physical activity, across other curriculum areas
	OPAL: Outdoor Play and Learning Award – Establish a programme of regular meetings to ensure strategic school improvement practice, action planning, self-evaluation, development of playwork skills and knowledge. Pupils supported through training to take on leadership roles that support physical play	£1500	The OPAL Primary Programme supports key elements of strategic school improvement linked to pupil leadership, wellbeing, self-regulation and learning behaviours. Through a more active approach, pupils are happier and more engrossed in their play, which is more creative, collaborative, imaginative and social and has a resulting impact on learning in class	Commitment of group is vital for sustainability – include a governor & parents (where possible). To implement a play policy and write a play charter with pupils following audit in Autumn 1
	Sensory Circuits - purchase a wider range of equipment for “Sensory Circuits” Program and relaunch following Covid	£500	The program is re-established to support pupils with SEND (SEBMH) needs. A diverse range of activities help support health and physical fitness whilst allowing sensory integration to support pupils self-regulate (alert, organise and calm) and prepare for learning	Due to staffing issues this was not established in time for this academic year – it will be actioned in the Autumn term
To raise the profile of PE across the whole school community and install a sense of pride when representing the school.	Staff PE Kit - purchase of Logo polo tops to match pupils PE kit, which are worn when delivering PE or attending sporting events both inside & outside of school	£90	Teachers model standard and expectation of PE Kit, which represent the school and installs a sense of pride and community. Pupils recognise PE as a key part of the curriculum	

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			Total fund allocated:	Percentage of total allocation
			£3900	10.64%
Intent	Implementation		Intended Impact	Sustainability and suggested next steps
Secure the sustainability of active play and learning, as well as outdoor provision within the curriculum, by developing the leadership capacity within school.	OLICAT OUTDO Project - For future sustainability, a 6-session development programme for one/two individuals from each school to develop their leadership skills in order to sustain outdoor learning.	£750	Subject Leaders are upskilled so that they can integrate physical activity and outdoor learning into their planning and leadership of the curriculum. They are better able to support the work of colleagues to provide increased quality of opportunities for an outdoor curriculum for learners.	SI Team to develop a centrally led, cascade programme for Curriculum Leaders to integrate outdoor learning into their curriculum
	OPAL: Outdoor Play and Learning Award – Sign up to 18-month mentor-supported whole school improvement programme including training for all teaching staff, play leaders and midday supervisors	£1500	Staff are confident on all 18 areas a school must plan for sustainably to improve the quality of play. They are able to address the key considerations of Leadership and strategic direction, planning time to consider excellence in play and allowing learners permission to collaborate, take calculated risks and problem solve.	First meeting date set 08 th October with INSET in October 2022
	PE Lead CPD - Keeping up to date with any regular affairs regarding PE – awareness of updates, new programmes and what can be improved	£100	Regular feedback to whole staff of any updates necessary and sharing good practice that can be implemented by all.	PE lead to carry out learning walks to ensure staff are delivery PE effectively using their upskilling
To ensure there is continuity and progression in the development of knowledge and skills in the PE curriculum and the quality of PE teaching is good or better	GetSet4PE – Subscription purchase to provide resources and training videos to support delivery of the Primary PE curriculum	£550	Curriculum mapping allows for progression of skills and knowledge from Reception to Year 6. Resources support teaching and learning including music, videos and resource cards, as well as CPD packages for teachers and curriculum lead.	Explore online provision further to establish how assessment can be incorporated into Insight
	Cross Curricular Orienteering – Training to be delivered to teaching staff with a focus on OAA within the primary PE curriculum. Progression of skills and knowledge to be shared and how skills can be transferred to all areas of the primary curriculum	£1000	Pupils have access to good quality PE in school. Teachers have a clear framework for planning which gives structure, progressions and develops children's skills Teachers are more skilled and confident in delivering OAA skills in PE and wider curriculum	Further develop curriculum documents that integrates physical activity, across other curriculum areas

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils			Total fund allocated:	Percentage of total allocation
			£5560	15.18%
Intent	Implementation		Intended Impact	Sustainability and suggested next steps
Continue to develop the range of sports and physical activities offered both in school and after school, and encourage more pupils to take up sport and physical activities	Broader PE offer - Equipment purchased to allow children to engage in and learn new sports and different skills, as well as higher quality PE e.g tennis rackets for older pupils, Tri-golf equipment	£560	Pupils have access to a wider range of activities and are able to participate in a broader offer – Tennis coaches supported with Tennis across the school.	Aim to attract less active young people to participate in physical activity by identifying activities of interest and having taster sessions to try out with support of specialist sports coach. Complete pupil voice to gain insight to what clubs they would like to attend – link to cultural capital for 2022/2023 *Some training required for staff
	Extra-curricular Activities – Audit and replenish equipment, ensuring there is enough equipment for staff /coaches to deliver high-quality extracurricular sessions e.g purchase of gymnastics mats for Falcon Gymnastics	£2000	Pupils were able to access a wider range of activities e.g. Gymnastics, basketball and netball, using appropriate equipment and resources e.g. Mats for gym, netball & basketball posts/bibs	
	BeActive Gym - Installation of outdoor gym equipment to create a space that promotes education of physical wellbeing and active lives in KS2 pupils	£ within KPI 1 costings	Raised profile of physical and mental wellbeing, as well as an improved physical literacy of pupils through a sustainable opportunity that impacts positively on the development of key muscle groups and balance, coordination, and agility to meet the School Sports & Childhood Obesity Action Plan goals	This was top of the KS2 pupil wish list – arrangements and timetabling for use across the week. Pupil Voice & engagement to be recorded – could have inter-class/year competitions?
	Jump Start Johnny Fitness – Use within daily sessions, particularly mornings and after lunch, as well as during Wellbeing week to talk about the benefits of a healthy active lifestyle for mental and physical wellbeing.	£ within KPI 1 costings	Additional opportunities for active movement such as dance, yoga/mindfulness and fitness sessions are provided to support the 30 minutes in school activity guidance. Children are engaged and enjoy the activities, which they can also access at home.	Gain pupil voice to determine the impact this has on their daily lives and uptake outside of school
To address wider school improvement issues relating to the	OLICAT OUTDO Project - Initiate forest school training across all schools so that this becomes a part of the everyday curriculum for all pupils with enhanced opportunities for SEN pupils.	£1000	Outdoor Learning Lead appointed within SJR. Development of some outside areas has achieved with the Outdo Project Team, supported by pupils and parents.	SI Team to develop a centrally led, training programme – funding still to be allocated and training still to be implemented.

engagement and attendance of all pupils, particularly vulnerable pupils, in a wider range of physical activity and outdoor learning.	Extra-curricular Activities - Broadening the variety of extra-curricular activities delivered by specialist teachers or coaches and subsidising costs to allow more pupils, particularly disadvantaged, to attend e.g. Street dance, Gymnastics, Taekwondo	£2000	Children have been exposed to a wider range of sports and physical activities. Clubs have been oversubscribed.	Gain pupil voice to determine the impact this has on their daily lives and analysis of participation data to ensure less active or disadvantaged pupils participate
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Key indicator 5: Increased participation in competitive sport			Total fund allocated:	Percentage of total allocation
			£2200	5.91%
Intent	Implementation		Intended Impact	Sustainability and suggested next steps
Promote the positive attitudes and competencies needed to become excellent within sport; including the resilience to practice and to recover from perceived failure.	Competitive Sports - Increase opportunities within the school by implementing a competition programme, including extra-curricular activities, for netball, football, and athletics – resources purchased to support this. UKS2 pupils to take part in Sports event with St Thomas More Secondary School	£2000	Increased opportunities for children to compete both within school. Increased knowledge of the role of fair play and sportsmanship. Increased confidence in own skills Opportunities to participate in a wider range of sporting activities and joint venture with secondary school and local Bedford School (no transport required)	Increase opportunities for competitive sports within schools across the Trust. *School to sign up for Enhanced Package with SSCo next year to increase competitive sports across schools in Bedford, including travel
	Remove some of the barriers preventing pupils attending competitive sports -use of mini buses to transport pupils to competitive events and sporting activities	£50*		
Enhance Student Voice in shaping the curriculum and in leading future curriculum development of Physical activity.	Pupil Leadership - Through a student leadership development programme, create a role for Outdoor Rangers/Lead Learners who shape the future of active outdoor learning within the school and contribute to cross-school competitive endeavours.	£150*	Pupils recognise the role of a leader and the skills a good leader requires. They are equipped with skills to lead outdoor learning and physical activities, including supporting competitive sports within the younger years e.g. planning a short multi-sports event for younger pupils in school	School to sign up for Enhanced Package with SSCo next year to increase competitive sports across schools in Bedford, and training for pupil leadership

Approved by:	
Improvement Director:	Lorraine Cullen
Date:	July 2022 (updated with swimming data Autumn 2022)
Signed off by:	
Head Teacher:	Michele McGettigan
Date:	July 2022
Subject Leader:	Natasha Ferguson
Date:	July 2022
Governor:	Cathy Piotrowski
Date:	July 2022