

# Pathway #3: 1-year cycle over 3 terms

Life to the Full Plus

## EYFS

### Preschool & Reception

Term	Module and Unit	Session Title	Session Length
Autumn II	EYFS, Module 1, Unit 1	Story Sessions: <b>Handmade With Love</b>	5 x 15-minute sessions over 5 days
	EYFS, Module 1, Unit 2	Session 1: <b>I Am Me</b>	20 minutes
		Session 2: <b>Heads, Shoulders, Knees and Toes</b>	20 minutes
		Session 3: <b>Ready Teddy?</b>	20 minutes
Spring I	EYFS, Module 1, Unit 3	Session 1: <b>I Like, You Like, We All Like!</b>	20 minutes
		Session 2: <b>All The Feelings!</b>	20 minutes
		Session 3: <b>Let's Get Real</b>	20 minutes
	EYFS, Module 1, Unit 4	Session 1: <b>Growing Up</b>	20 minutes
		Session 2: <b>New People, New Places</b> + Classroom Shorts	20 minutes
	Spring II and Summer I	EYFS, Module 2, Unit 1	Session 1: <b>Role Model</b>
EYFS, Module 2, Unit 2		Session 1: <b>Who's Who?</b>	20 minutes
		Session 2: <b>You've Got A Friend in Me</b>	20 minutes
		Session 3: <b>Forever Friends</b>	20 minutes
EYFS, Module 2, Unit 3		Session 1: <b>What is the Internet?</b>	20 minutes
		Session 2: <b>Playing Online</b>	20 minutes

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Summer I	EYFS, Module 2, Unit 4	Session 1: <b>Safe Inside and Out</b>	20 minutes
		Session 2: <b>My Body, My Rules</b>	20 minutes
		Session 3: <b>Feeling Poorly</b>	20 minutes
		Session 4: <b>People Who Help Us</b>	20 minutes
Summer II	EYFS, Module 3, Unit 1	Session 1: <b>God is Love</b>	20 minutes
		Session 2: <b>Loving God, Loving Others</b>	20 minutes
	EYFS, Module 3, Unit 2	Session 1: <b>Me, You, Us</b>	20 minutes
		Session 2: <b>When I Grow Up...</b> + Classroom Shorts	20 minutes
		Session 3: <b>'Money Doesn't Grow On Trees'</b> + Classroom Shorts	20 minutes

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## KS1

### Year 1 & Year 2

Term	Module and Unit	Session Title	Session Length
Autumn II	KS1, Module 1, Unit 1	Story Sessions: <b>Let the Children Come</b>	5 x 10-minute sessions over 5 days
	KS1, Module 1, Unit 2	Session 1: <b>I Am Unique</b>	30 minutes
		Session 2: <b>Girls and Boys</b>	30-40 minutes
		Session 3&4: <b>Clean and Healthy (My Body)</b>	40 minutes (2 sessions)
Spring I	KS1 Module 1, Unit 3	Session 1: <b>Feelings, Likes and Dislikes</b>	40 minutes
		Session 2: <b>Feeling Inside Out</b>	30 minutes
		Session 3: <b>Super Susie Gets Angry</b>	40 minutes
	KS1 Module 1 Unit 4	Session 1: <b>The Cycle of Life</b>	30 minutes
		Session 2: <b>Beginnings and Endings</b>	40 minutes
		Session 3: <b>Change Is All Around</b> + Classroom Shorts	30 minutes
Spring II	KS1, Module 2, Unit 1	Session 1: <b>God Loves You</b>	40 minutes
	KS1, Module 2, Unit 2	Session 1: <b>Special People</b>	30 minutes
		Session 2: <b>Treat Others Well...</b>	35 minutes
		Session 3: <b>...and Say Sorry</b>	30 minutes
	KS1, Module 2, Unit 3	Session 1: <b>Real Life Online</b>	30 minutes

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Term	Module and Unit	Session Title	Session Length
		Session 2: <b>Rules To Help Us</b>	30 minutes
<b>Summer I</b>	KS1, Module 2, Unit 4	Session 1: <b>Good and Bad Secrets</b>	35 minutes
		Session 2: <b>Physical Contact</b>	45 minutes (or 2 x 25 minutes)
		Session 3: <b>Harmful Substances</b>	30 minutes
		Session 4: <b>Can You Help Me? (Part 1)</b>	35 minutes
		Session 5: <b>Can You Help Me? (Part 2)</b>	35 minutes
<b>Summer II</b>	KS1, Module 3, Unit 1	Session 1: <b>Three In One</b>	25 minutes
		Session 2: <b>Who is My Neighbour?</b>	30 minutes
	KS1, Module 3, Unit 2	Session 1: <b>The Communities We Live In</b>	35 minutes
		Session 2: <b>Who Will I Be?</b> + Classroom Shorts	30 minutes
		Session 3: <b>Needs and Wants</b> + Classroom Shorts	30 minutes

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## LKS2

### Year 3 & Year 4

Term	Module and Unit	Session Title	Session Length
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: <b>Get Up!</b>	5 x 15-minute sessions over 5 days
		Session 2: <b>The Sacraments</b>	45 minutes
	LKS2 Module 1, Unit 2	Session 1: <b>We Don't Have to be the Same</b>	45 minutes
		Session 2: <b>Respecting our Bodies</b>	45 minutes
		Session 3: <b>What is Puberty?</b>	45 minutes
		Session 4: <b>Changing Bodies</b> Year 4 only	45 minutes
		Session 5: <b>Male/Female Discussion Groups (optional)</b> Year 4 only	45 minutes
Spring I	LKS2 Module 1, Unit 3	Session 1: <b>What Am I Feeling?</b>	45 minutes
		Session 2: <b>What Am I Looking At?</b>	45 minutes
		Session 3: <b>I Am Thankful</b>	45 minutes
	LKS2 Module 1, Unit 4	Session 1: <b>Life Cycles</b>	45 minutes
		Session 2: <b>A Time For Everything</b>	45 minutes
		Session 3: <b>Big Changes, Little Changes</b> + Classroom Shorts	45 minutes
Spring II	LKS2 Module 2, Unit 1	Story Sessions: <b>Jesus, My Friend</b>	5 x 15-minute sessions over 5 days
	LKS2 Module 2, Unit 2	Session 1: <b>Family, Friends and Others...</b>	45 minutes

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Term	Module and Unit	Session Title	Session Length
		Session 2: <b>When Things Feel Bad</b>	45 minutes
	LKS2 Module 2, Unit 3	Session 1: <b>Sharing Online</b>	45 minutes
		Session 2: <b>Chatting Online</b> + Classroom Shorts	45 minutes
<b>Summer I</b>	LKS2 Module 2, Unit 4	Session 1: <b>Safe In My Body</b> + Classroom Shorts	45 minutes
		Session 2: <b>Drugs, Alcohol and Tobacco</b>	45 minutes
		Session 3: <b>First Aid Heroes</b>	45 minutes
		Session 4: <b>Rights and Responsibilities</b> + Classroom Shorts	45 minutes
<b>Summer II</b>	LKS2 Module 3, Unit 1	Session 1: <b>A Community of Love</b>	30 minutes
		Session 2: <b>What is the Church?</b>	45 minutes
	LKS2 Module 3, Unit 2	Session 1: <b>How Do I Love Others?</b>	50 minutes
		Session 2: <b>Working Together</b> + Classroom Shorts	45 minutes
		Session 3: <b>Money Matters</b> + Classroom Shorts	45 minutes

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## UKS2

### Year 5 & Year 6

Term	Module and Unit	Session Title	Session Length
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: <b>Calming the Storm</b>	5 x 15-minute sessions over 5 days
	UKS2 Module 1, Unit 2	Session 1: <b>Gifts and Talents</b>	45-60 minutes
		Session 2: <b>Girls' Bodies</b>	45-60 minutes
		Session 3: <b>Boys' Bodies</b>	45-60 minutes
		Session 4: <b>Spots and Sleep</b>	45-60 minutes
Spring I	UKS2 Module 1, Unit 3	Session 1: <b>Body Image</b>	45-60 minutes
		Session 2: <b>Peculiar Feelings</b>	45-60 minutes
		Session 3: <b>Emotional Changes</b>	45-60 minutes
		Session 4: <b>Seeing Stuff Online</b>	45-60 minutes
	UKS2 Module 1, Unit 4	Session 1: <b>Making Babies (Part 1)</b>	45-60 minutes
		Session 2: <b>Making Babies (Part 2)</b> May be omitted or may be set as a homework task with parents.	45-60 minutes
		Session 3: <b>Menstruation</b>	45-60 minutes
Spring II	UKS2 Module 1, Unit 4	Session 4: <b>Hope Beyond Death</b>	60 minutes
		Session 5: <b>Coping with Change</b> + Classroom Shorts	60 minutes
	UKS2 Module 2, Unit 1	Session 1: <b>God Is Calling You</b>	45-60 minutes

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Term	Module and Unit	Session Title	Session Length
	UKS2 Module 2, Unit 2	Session 1: <b>Under Pressure</b>	45-60 minutes
		Session 2: <b>Do You Want A Piece of Cake?</b>	45-60 minutes
		Session 3: <b>Self-Talk</b>	45-60 minutes
		Session 4: <b>Build Others Up</b> + Classroom Shorts	60 minutes
<b>Summer I</b>	UKS2 Module 2, Unit 3	Session 1: <b>Sharing Isn't Always Caring</b>	45-60 minutes
		Session 2: <b>Cyberbullying</b> + Classroom Shorts	45-60 minutes
	UKS2 Module 2, Unit 4	Session 1: <b>Types of Abuse</b> + Classroom Shorts	45-60 minutes
		Session 2: <b>Impacted Lifestyles</b> + Classroom Shorts	45-60 minutes
		Session 3: <b>Making Good Choices</b>	45-60 minutes
		Session 4: <b>Giving Assistance</b>	45-60 minutes
<b>Summer II</b>	UKS2 Module 3, Unit 1	Session 1: <b>The Holy Trinity</b>	45-60 minutes
		Session 2: <b>Catholic Social Teaching</b>	45-60 minutes
	UKS2 Module 3, Unit 2	Session 1: <b>Reaching Out</b>	45-60 minutes
		Session 2: <b>The World of Work</b> + Classroom Shorts	60 minutes
		Session 3: <b>Money and Me</b> + Classroom Shorts	60 minutes